

2025 Primary Care Symposium

Presented by
Ascension Saint Thomas
Office of Continuing Medical Education

Friday and
Saturday
April 25-26, 2025

Offered Virtually via Zoom



Ascension Saint Thomas

Course Information

Please join us for our virtual, two-day 2025 *Primary Care Symposium*! This education will focus on equipping primary care providers with the latest guidelines and strategies for delivering exceptional care to patients with common medical conditions. **Participation in the Prescribing Controlled Substances Section is designed to offer 2.0 hours of continuing education applicable to the 8-hour DEA Medication Access and Training Expansion (MATE) Act requirements, and will meet the Tennessee Department of Health's licensure renewal requirements for 2.0 hours of continuing education in controlled substance prescribing, including chronic pain guidelines.**

Day One Agenda - Friday, April 25, 2025

7:30 a.m.	Conference Check-In
8:00 a.m.	Welcome & Course Introduction <i>Michael R. Miller, DO, DAAFP</i>

Updates in Cardiovascular Care

8:10 a.m.	Viewing EKGs Through A Primary Care Lens <i>David L. Beavers, MD, PhD</i>
8:45 a.m.	Why is the Cardiologist Starting my Non-Diabetic Patient on Diabetes Medications? <i>Andrew O. Zurick, III, MD, FACC, FASE, FSCMR</i>
9:20 a.m.	Under Pressure: Modern Hypertension Management <i>Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI</i>
9:55 a.m.	Question & Answer
10:05 a.m.	Break
10:15 a.m.	Breaking Down Cholesterol: Evidence-Based Insights into Lipid Management <i>Mary Eva McClure, PharmD</i>

10:50 a.m.	Microvascular Dysfunction: Top 5 Things to Know <i>Hannah L. Fish-Trotter, MD and Nishtha Sareen, MD, MPH, FACC, FSCAI</i>
11:25 a.m.	Question & Answer
11:35 a.m.	Lunch

Updates in Neuroscience Care

12:00 p.m.	CGRP Antagonists for Outpatient Management of Acute and Chronic Migraines <i>Teri M. Templin, PharmD</i>
12:45 p.m.	Developments in Modern Spine Surgery <i>Ernest J. Wright, III, MD</i>
1:30 p.m.	Question & Answer
1:40 p.m.	Break
1:50 p.m.	Primary Stroke Prevention Guidelines: What's New Now? <i>E. Frank Lafranchise, MD</i>
2:35 p.m.	Question & Answer
2:45 p.m.	Closing Remarks <i>Michael R. Miller, DO, DAAFP</i>
3:00 p.m.	Adjourn

Day Two Agenda - Saturday, April 26, 2025

7:30 a.m.	Conference Check-In
8:00 a.m.	Welcome & Course Introduction <i>Michael R. Miller, DO, DAAFP</i>

Updates in Oncology Care

8:10 a.m.	Diagnosis and Management of Screen-Detected and Incidental Pulmonary Nodules <i>Otis B. Rickman, DO</i>
8:50 a.m.	Lung Cancer in 2025 <i>Wade T. Jams, MD, MSCI</i>
9:30 a.m.	Question & Answer
9:40 a.m.	Break

9:50 a.m.	Overview of Red Blood Cell Disorders <i>Gregg C. Shepard, MD</i>
10:30 a.m.	Bridging Cancer Care and Heart Health: A Guide for Primary Care Physicians <i>Sasan Ryan Raissi, MD</i>
11:10 a.m.	Question & Answer
11:20 a.m.	Lunch
Additional Primary Care Updates	
11:50 a.m.	Update in CKD for Primary Care Physicians <i>Christin Giordano McAuliffe, MD, FACP</i>
12:30 p.m.	Modern Evaluation and Management of Nodular Thyroid Disease <i>James T. Broome, MD</i>
1:10 p.m.	Question & Answer
1:20 p.m.	Break
Prescribing Controlled Substances	
1:30 p.m.	Expanding Access to Medications for Opioid Use Disorder (MOUD) <i>Rebecca Martin MD, PhD, FACEP</i>
2:30 p.m.	Break
2:40 p.m.	Controlled Substance Prescribing 2025 Updates <i>Kayla Williams Mehr, PMHNP, MSN</i>
3:40 p.m.	Question & Answer
3:50 p.m.	Closing Remarks <i>Michael R. Miller, DO, DAAFP</i>
4:00 p.m.	Adjourn

Accreditation and Credit Designation Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Ascension Saint Thomas designates this live activity for a maximum of 13.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

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Register Online
ast.cloud-cme.com

To register, please visit our new website ast.cloud-cme.com. If you had an account on our previous site and are accessing our new site for the first time, please click "Sign In" and "Forgot Your Password?" to reset your password. If you have never received credits from AST CME, please create a new account. If you do not receive a confirmation email upon registration, please email Caroline.Whitehead@ascension.org. Zoom instructions and conference information will be emailed the week of the conference.

Symposium Planners and Faculty

Course Director

Michael R. Miller, DO, DAAFP

Chief of Quality and Physician Advocacy
Ascension Saint Thomas Medical Partners
Family Medicine Physician
Ascension Saint Thomas Medical Partners Lenox Village

Section Leaders, Planners, and Faculty

David L. Beavers, MD, PhD - Faculty

Cardiac Electrophysiologist
Ascension Saint Thomas Heart West
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

James T. Broome, MD - Faculty

Endocrine Surgeon
Heritage Medical Associates
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Amy C. Couvillion, BSN, RN - Planner

Director of Neurosciences and Orthopedics
Ascension Saint Thomas

Hannah L. Fish-Trotter, MD - Faculty

Cardiologist
Ascension Saint Thomas Heart
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Christin Giordano McAuliffe, MD, FACP - Faculty

Physician Advisor
Ascension Saint Thomas
Nephrologist

Jonathan Hughes, PharmD, BCACP - Planner

Ambulatory Care Pharmacy Manager
Ascension Saint Thomas Medical Partners
Ambulatory Care Clinical Pharmacist Specialist
Ascension Saint Thomas Medical Partners Saint Louise Family
Medicine Center
Residency Program Director, Ascension Saint Thomas PGY2
Ambulatory Care
Assistant Professor, Department of Clinical Pharmacy and
Translational Science
University of Tennessee Health Science Center College of Pharmacy

Wade T. Iams, MD, MSCI - Faculty

Medical Oncologist
Director of Lung Cancer Research
Greco Hainsworth Centers for Research
Tennessee Oncology

Jimmy L. Kerrigan, MD, FACC, FSCAI, FASNC, RPVI - Section Leader

Interventional Cardiologist
Co-Director, Advanced Coronary Therapeutics Program
Co-Director, Pulmonary Embolism Response Team
Ascension Saint Thomas Heart West
Chair, Ascension Chronic Total Occlusion Interventional
Cardiology Affinity Group
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

E. Frank Lafranchise, MD - Section Leader and Faculty

Neuroscience Program Executive Medical Director
Ascension Saint Thomas
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

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Registration Form for Email, Fax, or U.S. Mail

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Virtual via Zoom | Friday and Saturday, April 25-26, 2025

Name _____

___MD ___DO ___PharmD ___NP ___PA ___RN

___Other _____

Email _____

Specialty _____

Telephone (_____) _____

Practice Name _____

Mailing Address _____

City _____ State _____ Zip _____

REGISTER FOR ENTIRE SYMPOSIUM - 13.25 AMA PRA Category 1 Credits™

- ___ \$325.00 Physician - Entire Symposium
- ___ \$265.00 Non-Physician - Entire Symposium
- ___ \$75.00 Resident/Fellow/Student - Entire Symposium
- ___ \$0.00 UTHSC Nashville Resident Physician/Fellow
Physician - Entire Symposium
- ___ \$0.00 Ascension Saint Thomas Non-Physician Associate
- Entire Symposium: ID Number _____

- OR -

REGISTER FOR FRIDAY ONLY - 5.75 AMA PRA Category 1 Credits™

- ___ \$160.00 Physician - Friday Only
- ___ \$130.00 Non-Physician - Friday Only
- ___ \$50.00 Resident/Fellow/Student - Friday Only
- ___ \$0.00 UTHSC Nashville Resident Physician/Fellow
Physician - Friday Only
- ___ \$0.00 Ascension Saint Thomas Non-Physician Associate
- Friday Only: ID Number _____

- OR -

REGISTER FOR SATURDAY ONLY - 7.50 AMA PRA Category 1 Credits™

- ___ \$205.00 Physician - Saturday Only
- ___ \$165.00 Non-Physician - Saturday Only
- ___ \$50.00 Resident/Fellow/Student - Saturday Only
- ___ \$0.00 UTHSC Nashville Resident Physician/Fellow
Physician - Saturday Only
- ___ \$0.00 Ascension Saint Thomas Non-Physician Associate
- Saturday Only: ID Number _____

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Payment Options:

- **Scan and Email form to** Caroline.Whitehead@ascension.org
- **Fax form to** (615) 222-6464
- **Make check payable to Ascension Saint Thomas and mail with form to:**
Continuing Medical Education
Ascension Saint Thomas Hospital West
4220 Harding Road
Nashville, TN 37205

CANCELLATION POLICY

If it is necessary to cancel your registration, please email astcme@ascension.org by Friday, April 11, 2025. We will refund your fee less \$25.00. No refund will be given after Friday, April 11, 2025.

*If you happen to receive more than one brochure,
please share with a colleague. Thank you!*

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Section Leaders, Planners, and Faculty continued

Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI - Faculty
Interventional Cardiologist
Ascension Saint Thomas Heart
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Rebecca Martin MD, PhD, FACEP - Faculty
Physician Consultant
Southeast Region Tennessee Department of Health STEPS Project

Mary McClure, PharmD - Faculty
Cardiology Ambulatory Care Pharmacist
Ascension Saint Thomas Heart West

Kayla Williams Mehr, PMHNP, MSN - Faculty
State Opioid Treatment Authority Designee | MOUD Clinical
Specialist
Tennessee Department of Mental Health and Substance Abuse
Services

Matt O'Dell, RN, BSN, MHA - Planner
Director of Clinical Quality, Patient Safety, and ACO Care
Management
Ascension Saint Thomas Medical Partners

Sasan Ryan Raissi, MD - Faculty
Cardiologist, Advanced Cardiovascular Imaging
Ascension Saint Thomas Heart West
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Otis B. Rickman, DO - Faculty
Director, Bronchoscopy & Interventional Pulmonology
Ascension Saint Thomas Chest & Lung Center
Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Nishtha Sareen, MD, MPH, FACC, FSCAI - Faculty
Interventional Cardiologist
Director, Women's Heart Program
Ascension Saint Thomas Heart
Associate Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

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Medical Oncologist
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PGY2 Ambulatory Care Pharmacy Resident
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Ernest J. Wright, III, MD - Faculty
Neurosurgeon & President
Howell Allen Clinic

Andrew O. Zurick, III, MD, FACC, FASE, FSCMR - Faculty
Preventive & Imaging Cardiologist
Medical Director, Cardiovascular CT & MRI
Ascension Saint Thomas Heart
Assistant Professor, Department of Clinical Medical Education
University of Tennessee Health Science Center College of Medicine

Financial Disclosures

Ascension Saint Thomas is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Integrity and Independence in Accredited Continuing Education, all individuals who have the opportunity to control content are required to disclose any financial relationships within the past 24 months with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Ascension Saint Thomas has established mechanisms to mitigate relevant financial relationships. Disclosure of relevant financial relationships with ineligible companies will be provided to learners prior to the activity.

Special Accommodations

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at astcme@ascension.org.